

# **Zoom Into Digestive Disruptors** and **Take Charge of Your Health**

Experiencing bloating, abdominal discomfort, gas, or irregular bowel habits? Your symptoms could stem from an imbalance in fungal or microbial organisms. The Candida+IBS Profile offers targeted insight into potential yeast overgrowth, IBS-related microbes, and gut-barrier interactions.

It evaluates *Candida* species, IBS-associated bacterial markers, and intestinal permeability indicators—factors that often contribute to chronic digestive issues and widespread inflammation. If conventional testing hasn't revealed the root cause, this profile digs deeper to uncover hidden connections between gut balance and symptom patterns.

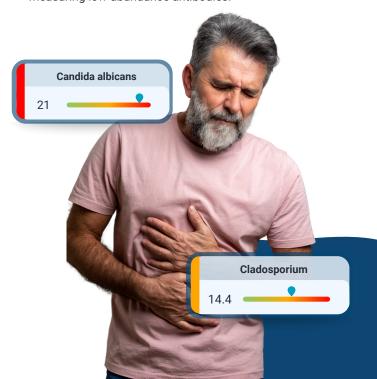
With precise microbial and immune data, your healthcare provider can craft a personalized plan to rebalance gut flora, support digestion, and restore comfort and confidence in your digestive health.

### **How It Works**

The Candida+IBS Profile is a simple stool test that offers a focused view of yeast overgrowth, bacterial imbalances, and markers tied to intestinal permeability. It evaluates key *Candida* species, IBS-related microbes, and immune responses that may be disrupting digestion and triggering chronic gut symptoms. By identifying fungal and bacterial contributors to bloating, discomfort, irregularity, and inflammation, this test helps uncover the root of persistent gastrointestinal issues. With clear results and targeted insights, your provider can develop a personalized plan to rebalance your microbiome and support long-term digestive wellness.

### Why Choose the Candida + IBS Profile?

- Dual IBS-Autoimmunity Biomarkers: Measures IgG antibodies to CdtB (to detect post-infectious gastroenteritis) and vinculin (to identify IBS-D and IBS-M subtypes).
- Comprehensive Fungal Panel: Includes 8 Candida species plus Trichosporon, Cladosporium, and Saccharomyces cerevisiae for full-spectrum fungal sensitivity assessment.
- Antibody-Based Fungal Detection: Identifies immune responses to fungal colonization even when stool PCR or culture tests return negative, ideal for uncovering stealth or biofilm-associated species missed by direct testing.
- Microarray Precision: Uses chemiluminescence microarray for high specificity and reproducibility in measuring low-abundance antibodies.



#### **Key Markers Include:**

- Candida albicans & Candida dubliniensis (Yeast Overgrowth):
   Detects elevated fungal species commonly linked to bloating, gas, and digestive discomfort.
- Saccharomyces cerevisiae & Other Fungal Species: Identifies
   additional yeast strains that may colonize the gut and contribute to
   IBS-like symptoms.
- Secretory IgA (Immune Response to Yeast): Measures mucosal immune activity against Candida to highlight gut-barrier stress and inflammation.
- Calprotectin & Beta-Defensin (Inflammation Markers): Indicates immune activation and inflammation that can exacerbate IBS symptoms.
- Zonulin (Gut Barrier Integrity): Assesses intestinal permeability levels that may contribute to chronic bloating and symptom flareups.
- IBS-Associated Bacteria (e.g., SIBO markers): Identifies imbalances in bacterial populations linked to IBS symptoms like diarrhea, constipation, and discomfort.



The Candida+IBS Profile analyzes fungal organisms, bacterial imbalances, gut inflammation, and barrier function to uncover potential root causes of bloating, gas, abdominal pain, fatigue, and irregular bowel movements. It identifies yeast overgrowth, immune responses, and intestinal permeability—key contributors to chronic gut symptoms and microbial disruption.

#### Who Should Take This Test?

- Digestive Symptoms That Won't Go Away? Bloating, gas, constipation, or loose stools could be signs of yeast overgrowth or IBS triggers. This test helps identify what's disrupting your aut.
- Tried Antifungals or Diet Changes Without Relief? If symptoms return despite restrictive diets or treatment, the Candida + IBS Profile can help pinpoint the underlying microbial imbalance.
- Struggling with Fatigue, Brain Fog, or Sugar Cravings? These common symptoms are often tied to fungal overgrowth or gut inflammation—this test reveals the deeper connections.
- Recovering from Antibiotics or Frequent Infections? Postantibiotic imbalance and immune shifts may lead to overgrowth of Candida or other microbes that impact gut function and resilience.
- Focused on Gut Repair and Long-Term Wellness? This test supports proactive care by identifying overgrowth and permeability issues that can silently drive chronic inflammation and dysfunction.

## Take the First Step Towards Better Health

If you're dealing with bloating, gas, brain fog, fatigue, or persistent gut discomfort, yeast overgrowth or microbial imbalance could be the missing link. The Candida + IBS Profile delivers clear answers and personalized insights to help uncover the root of digestive and systemic symptoms. Talk to your healthcare provider today and take the next step toward more balanced digestion, energy, and whole-body wellness.

#### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

#### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.