

# Cardio Zoomer

## Zoom Into Your Heart Health and Take Charge of Your Future

Worried about high cholesterol, blood pressure, family history of heart disease, or just not feeling your best? Your heart and blood vessels could be telling you more than you think. Cardio Zoomer gives you a comprehensive look at the key drivers of cardiovascular health, spanning cholesterol quality, inflammation, endothelial function, metabolism, clotting, and oxidative stress to reveal hidden risks before symptoms start.

This test goes far beyond a standard cholesterol check. It can uncover silent inflammation, metabolic imbalances, and vascular stress markers that quietly raise the risk of heart attack, stroke, and other serious conditions. If you're experiencing unexplained fatigue, shortness of breath, or simply want to know your true heart-health status, Cardio Zoomer offers deeper answers and a clearer path forward.

With science-based insights and a clear, personalized report, you and your healthcare provider can build a plan that fits your life, targeted lifestyle changes, monitoring, and therapy discussions for proactive strategies, peace of mind, and a longer, healthier future.

## How It Works

The Cardio Zoomer is a simple blood and urine test that provides a comprehensive view of your heart and blood vessel health. It analyzes cholesterol quality, inflammation, blood sugar control, endothelial function, clotting, and oxidative stress to reveal both traditional and hidden drivers of cardiovascular risk. Your personalized report makes results easy to understand, and your provider can use these insights to recommend the right next steps, from lifestyle and nutrition to targeted care. With Cardio Zoomer, you can take proactive steps to protect your heart and your future.

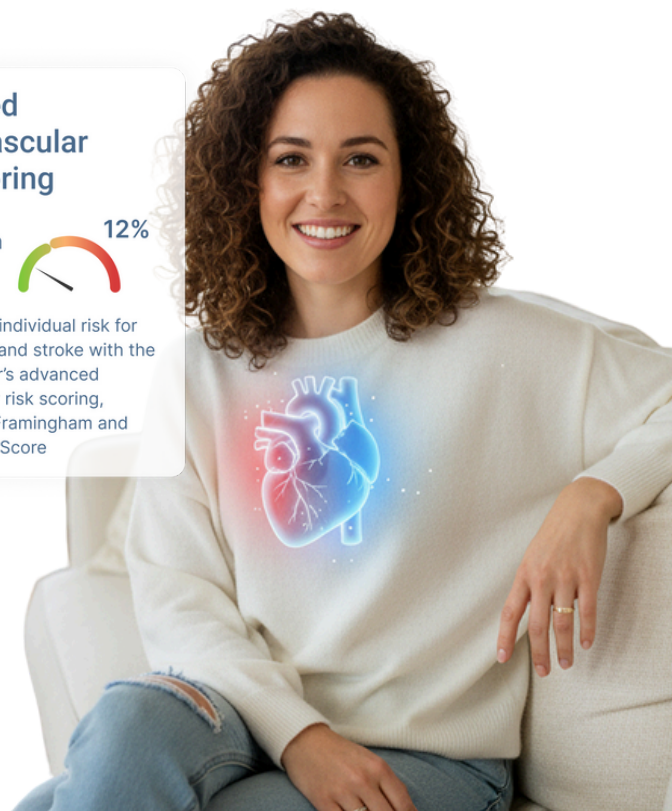
## Why Choose the Cardio Zoomer?

- **Uncover Hidden Heart Risks:** Goes beyond basic cholesterol testing to detect early signs of heart disease, silent inflammation, and blood clotting issues, even before symptoms appear.
- **Personalize Your Management:** Analyzes metabolic health and cholesterol quality (e.g., apoB, Lp(a), ceramides/sterols) to help you and your provider build a tailored plan.
- **Understand the Whole Picture:** Evaluates key markers connected to high blood pressure, diabetes, and unexplained fatigue, helping you make informed decisions for long-term wellness.
- **Empower Your Next Steps:** Provides actionable insights and clear visuals so you know exactly where you stand, what your risks are, and how to take charge of your heart health.

### Advanced Cardiovascular Risk Scoring

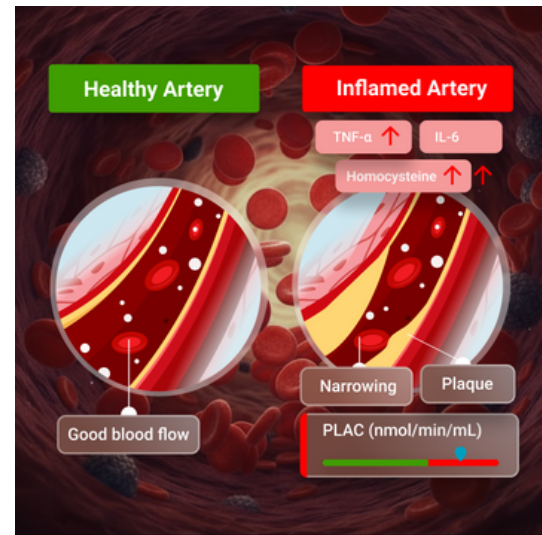
Framingham Risk Score  12%

Discover your individual risk for heart disease and stroke with the Cardio Zoomer's advanced cardiovascular risk scoring, including the Framingham and Reynolds Risk Score



## Key Markers Include:

- **Advanced Cholesterol & Lipid Fractions:** Measures detailed cholesterol types like LDL, HDL, Lp(a), and small dense LDL, giving a complete view of your cholesterol balance and artery health, not just a basic cholesterol number.
- **Inflammation Markers (hsCRP, IL-6, TNF-α):** Detects hidden inflammation markers in your blood vessels that can silently increase your risk for heart attack, stroke, or blood pressure problems.
- **Blood Clotting & Cardiac Stress (NTproBNP, Troponin - T, Creatine Kinase):** Identifies your risk for dangerous blood clots or early heart muscle strain, even before symptoms develop.
- **Metabolic Health (Glucose, HbA1c, Insulin):** Checks for blood sugar imbalances and early diabetes risk, both of which are tightly linked to heart health and future disease risk.
- **Endothelial & Oxidative Stress (ADMA, SDMA, F2-Isoprostane):** Assesses the health of your blood vessel lining and your body's stress response, which play a critical role in blood pressure, circulation, and healthy aging.



If you're experiencing fatigue, shortness of breath, high blood pressure, or just want to know your real risk for heart disease, Cardio Zoomer delivers the answers you need. Get clear, personalized insights to help protect your heart and support lifelong wellness. Talk to your healthcare provider today and take the next step toward peace of mind, and a healthier future!

## Who Should Take This Test?

- **Worried about heart health or family history?** If you or a close relative has heart disease, high cholesterol, stroke, or high blood pressure, Cardio Zoomer can reveal your true risk, often before symptoms appear.
- **Unexplained Fatigue, Shortness of Breath, or Chest Discomfort?** If you're dealing with tiredness, low energy, or occasional chest sensations, Cardio Zoomer helps uncover underlying causes related to your heart and blood vessels.
- **Difficulty Managing Blood Pressure or Cholesterol?** If standard treatments aren't working or your numbers remain high, this test digs deeper to find hidden drivers—so you and your provider can create a smarter plan.
- **Struggling with Diabetes, Prediabetes, or Weight?** Cardio Zoomer connects the dots between metabolic health, blood sugar, and your risk for heart attack and stroke.
- **Seeking the Best in Proactive Health?** If you want to catch problems early and take proactive steps for lifelong wellness, Cardio Zoomer delivers the detailed insights you need to stay ahead.

## Steps Towards Better Health

If you're experiencing fatigue, shortness of breath, high blood pressure, or simply want a clearer picture of your true heart health, Cardio Zoomer delivers answers you can act on. This advanced blood test goes far beyond standard screenings, uncovering hidden risks like silent inflammation, metabolic imbalances, endothelial stress, clotting tendency, and oxidative damage that can quietly raise the risk of heart disease and stroke.

With clear, personalized insights, you and your healthcare provider can make informed choices about nutrition, lifestyle, monitoring, and targeted interventions that fit your unique profile. By identifying potential problems early, Cardio Zoomer helps you protect your heart, maintain your energy, and support lifelong wellness, so you can move forward with confidence.

### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.