

# Dairy Zoomer

At Home

Blood

DBS

## Key Clinical Messages

### What is the Dairy Zoomer?

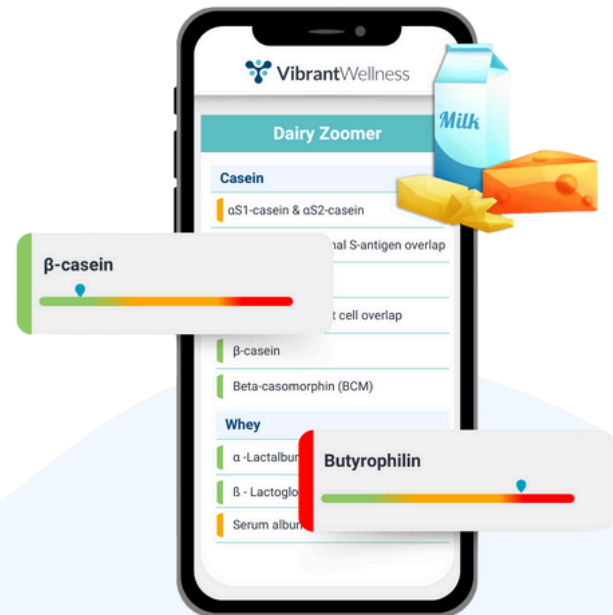
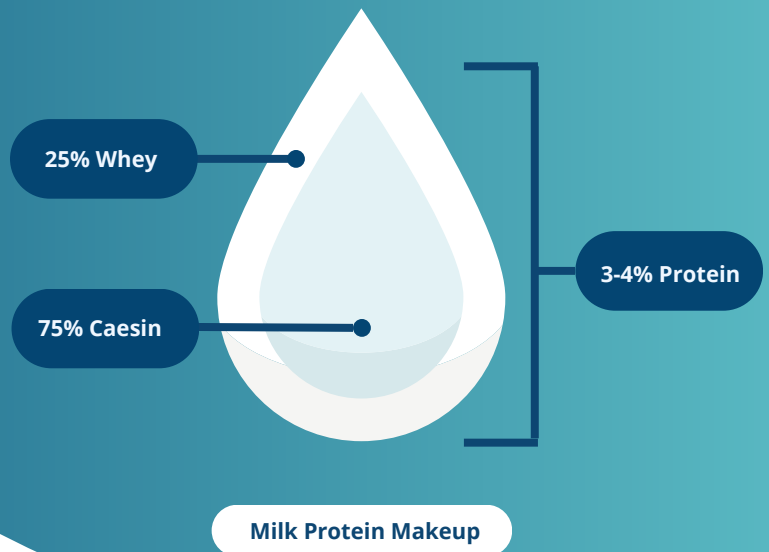
The Dairy Zoomer uses enzyme-linked immunosorbent assay (ELISA) technology to measure IgA, IgG, and IgE antibodies against major dairy proteins.

- Tailored dietary management allows for customized dietary interventions based on the test results, optimizing digestive health and overall wellness.
- Long-term health optimization helps individuals minimize symptoms linked to dairy sensitivities and achieve better health outcomes.

This test provides high specificity and sensitivity in detecting immune reactivity to a wide range of dairy peptides, supporting the identification of dairy sensitivities, allergies, and cross-reactivity concerns.

6 Casein Proteins

4 Whey Proteins



### Why Order?

The Dairy Zoomer is ideal for patients with symptoms that may indicate a dairy sensitivity or intolerance, including bloating, gas, cramping, and digestive discomfort after meals. It is especially useful for those with recurring skin rashes, eczema, or chronic mucus buildup, as well as individuals with suspected food sensitivities, autoimmune conditions like multiple sclerosis, or a family history of dairy intolerance.



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Sample Report



## Synergistic Testing Options

- **Food Sensitivity Complete:** Provides a broader evaluation of food sensitivities, including dairy, helping to identify other food triggers that may be contributing to similar symptoms like bloating, fatigue, and digestive discomfort.
- **Gut Zoomer:** Helps assess microbial imbalances in the gut, such as dysbiosis and pathogens, that can exacerbate symptoms of dairy intolerance or sensitivity, contributing to gut inflammation and leaky gut.
- **Inflammation Panel:** Measures systemic inflammation markers like CRP, which are commonly elevated in individuals with dairy sensitivities. This helps gauge the level of inflammation in response to dairy consumption.
- **Micronutrient Panel:** Assesses the levels of key nutrients, such as calcium and magnesium, that are often impacted by dairy intolerance. It helps address deficiencies and supports bone health and overall immune function.
- **Food Sensitivity Profile 1:** Tests for IgG- and IgA-mediated immune responses to dairy and other common foods, providing insights into sensitivities that may contribute to digestive distress and immune dysfunction.

## The Vibrant Advantage

- **Detects Dairy Protein Sensitivities:** Identifies immune reactivity to both casein and whey proteins, offering insights into dairy sensitivities that often contribute to digestive issues, fatigue, and skin conditions.
- **Supports Symptom Management:** Early identification of dairy sensitivities helps individuals manage symptoms like bloating, fatigue, and skin rashes by removing dairy from the diet.
- **Promotes Gut and Immune Health:** Provides a personalized approach to reducing inflammation and optimizing gut health by identifying and eliminating dairy as a trigger for chronic health issues.



## Additional Resources



### Markers One-Sheet



### Patient One-Pager



### Webinar



### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.

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