

# Dairy Zoomer

## Discover How Your Body Really Responds to Dairy

Dealing with digestive issues, skin problems, or fatigue? Your symptoms may be connected to how your body reacts to dairy. The Dairy Zoomer is a specialized blood test that shows how your immune system responds to different milk proteins.

This test is especially helpful for people with suspected dairy sensitivities, digestive problems, autoimmune conditions, or chronic inflammation. It can also benefit those who experience frequent bloating, low energy, eczema, respiratory issues, or joint pain. Removing dairy from your diet based on your results may help lower these chronic symptoms.

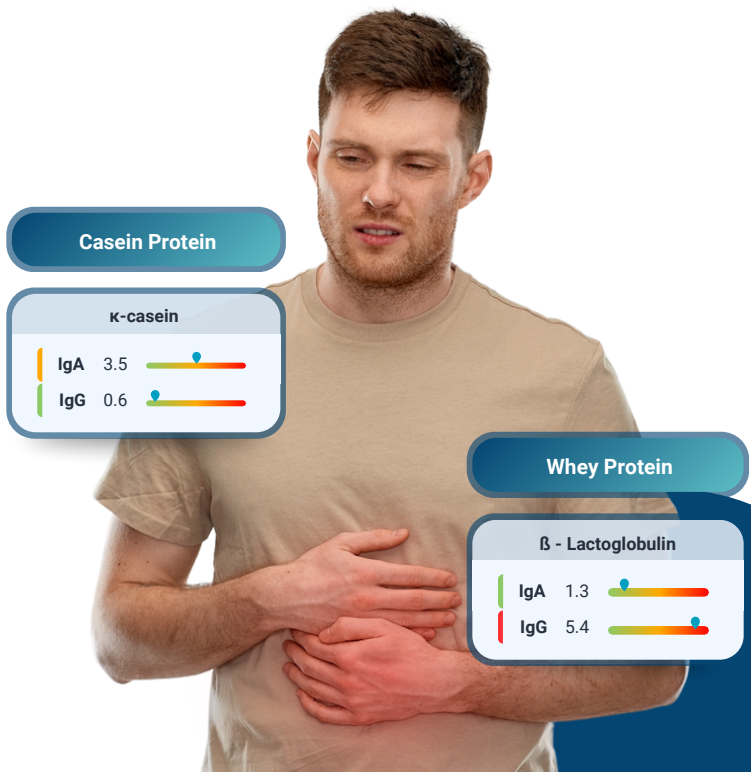
Using these science-based insights, your healthcare provider can create a personalized nutrition plan that addresses your symptoms and supports long-term digestive and immune health.

## How It Works

Dairy Zoomer is a simple blood test that looks at how your immune system reacts to different parts of dairy, like casein, whey, and other milk proteins. Using advanced technology, this test can help uncover hidden dairy sensitivities or intolerances that may be affecting how you feel every day. With these results, you and your healthcare provider can make informed choices about your diet and create a personalized plan to support your overall health and energy.

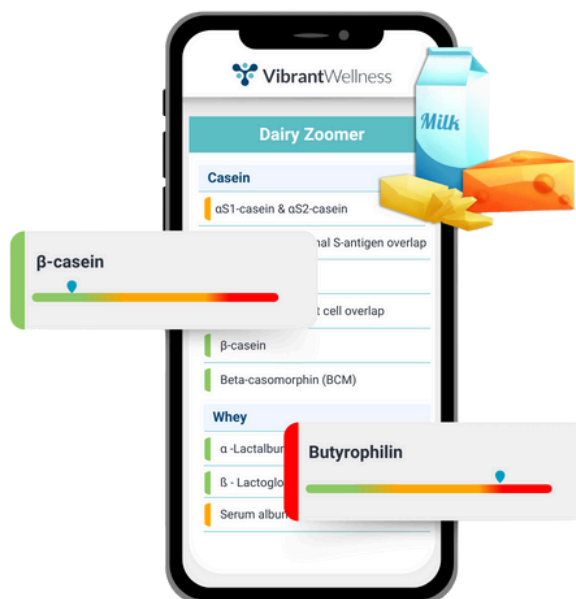
## Why Choose the Dairy Zoomer?

- **Understand Dairy Sensitivities:** If you're experiencing bloating, fatigue, or skin issues, dairy could be the culprit. The Dairy Zoomer helps identify immune responses to dairy proteins like casein and whey, offering insights into potential sensitivities that are often overlooked by traditional tests.
- **Catch Dairy Issues Early:** Don't wait for symptoms to worsen. The Dairy Zoomer detects immune reactivity to dairy before it leads to chronic discomfort, allowing for timely dietary changes that support long-term health.
- **Take Control of Your Health & Nutrition:** Managing dairy sensitivities can be challenging without the right information. The Dairy Zoomer provides precise data on your immune system's response to dairy, empowering you to make informed dietary decisions that improve your health.



## Key Markers Include:

- **αS1-casein:** One of the primary proteins found in cow's milk. It is commonly linked to dairy sensitivity and may trigger immune responses in sensitive individuals.
- **αS2-casein:** Another significant protein found in cow's milk. It is known to provoke immune reactions in individuals with dairy sensitivities.
- **κ-casein:** A structural protein found in milk that plays a role in the formation of curds during digestion. In sensitive individuals, it may contribute to digestive discomfort.
- **A1 β-casein:** A variant of beta-casein found in cow's milk that has been linked to increased inflammatory responses.
- **β-lactoglobulin:** The most abundant whey protein in cow's milk and is commonly associated with milk protein intolerance.
- **Lactoferrin:** An iron-binding protein found in milk that may contribute to immune system activation in individuals sensitive to dairy. It has been associated with inflammation and other immune-related responses.



The Dairy Zoomer analyzes immune sensitivity to dairy proteins, including casein and whey-derived antigens that may be the contributing factor to bloating, eczema, sinus congestion, joint pain, and fatigue. This test also helps assess potential cross-reactivity with other proteins, supporting gut health management, symptom relief, and improved overall well-being.

## Who Should Take This Test?

- **Digestive Issues That Persist?** Bloating, gas, diarrhea, or irregularity may signal a dairy intolerance. This test can identify which milk proteins may be the issue.
- **Constant Skin Rashes or Eczema?** Struggling with skin-related problems may be linked to your dairy intake. This test can help connect the dots.
- **Struggling with Congestion?** Having chronic sinus issues without any other symptoms may be caused by different dairy enzymes. This test can help pinpoint which ones are affecting you.
- **Developing Autoimmune Conditions like Multiple Sclerosis?** Autoimmune conditions may be linked to immune reactions triggered by dairy. This test can help identify specific dairy proteins that could be contributing to symptom progression.
- **Have Familial History With Dairy?** If anyone in your family has issues regarding dairy, it may also be genetic. This test can help figure out your level of sensitivity when it comes to dairy.

## Take the First Step Towards Better Health

If you're dealing with digestive issues, inflamed skin, chronic congestion or any autoimmune conditions, it may be linked to your dairy intake. The Dairy Zoomer offers personalized insights to help you identify potential triggers and support healing from within. Speak with your healthcare provider today to take the first step toward better digestion, improved energy, and whole-body wellness.

### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.