



Food Additives Panel

Reveal Hidden Triggers in Your Diet and Reclaim Your Health

Dealing with bloating, fatigue, brain fog, skin flare-ups, or food sensitivities? It might not be the food itself, but what's added. The Food Additives Panel provides insight into how your immune system responds to 57 common additives like artificial sweeteners, dyes, emulsifiers, and preservatives that can trigger inflammation and disrupt digestion.

It also evaluates IgG and IgA immune responses to these additives—factors that may silently contribute to headaches, eczema, joint pain, or respiratory issues. If you've been feeling off without a clear explanation, this test examines how hidden food chemicals might affect your body.

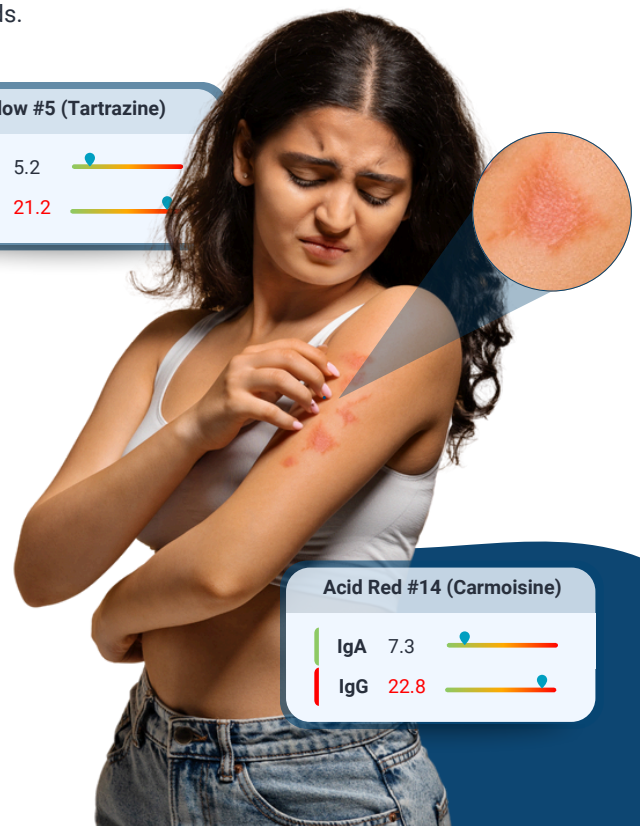
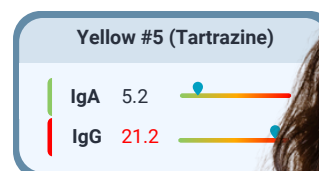
With science-backed insights and personalized recommendations, your provider can design a targeted plan to reduce exposure, calm the immune system, and help you feel your best again.

How It Works

The Food Additives Panel is a simple blood test that offers a comprehensive view of how your immune system responds to common food chemicals. It analyzes IgG and IgA responses to 57 additives—including artificial sweeteners, preservatives, emulsifiers, dyes, and pesticides—that may silently drive inflammation, digestive distress, and immune imbalances. With clear visuals and personalized insights, your provider can create a targeted plan to reduce exposure, support immune regulation, and improve overall well-being.

Why Choose the Food Additives Panel?

- **Detection of Response:** Detects immune responses to a variety of food additives, including artificial sweeteners, colors, and preservatives, which can contribute to symptoms like bloating, headaches, and fatigue.
- **Reactivity to Additives:** Analyzes your body's reactivity to additives commonly found in processed foods, helping identify the root cause of chronic digestive discomfort and inflammation.
- **Insight into Additives Issues:** Provides insights into which additives are causing issues, empowering individuals to make informed dietary decisions and reduce exposure to harmful chemicals in processed foods.



Key Markers Include:

- **Artificial Sweeteners & Preservatives (Immune Reactivity):** Identifies IgG and IgA immune responses to common sweeteners like aspartame and sorbitol, as well as preservatives such as BHT and benzoates, which can contribute to headaches, fatigue, and inflammation.
- **Emulsifiers & Stabilizers (Gut Barrier Support):** Detects immune reactions to additives like carrageenan and polysorbates, which have been linked to changes in gut lining integrity and microbiome disruption.
- **Food Dyes (Skin & Neurological Symptoms):** Evaluates reactivity to dyes such as Red 40 and Yellow 5, which may be associated with eczema, rashes, hyperactivity, or brain fog in sensitive individuals.
- **Flavor Enhancers & Pesticides (Toxic Load):** Measures immune sensitivity to additives like monosodium glutamate (MSG) and glyphosate that may exacerbate detox burden and systemic inflammation.
- **Additive Panel Coverage (Comprehensive Insight):** Screens for a total of 57 commonly used food chemicals that are often hidden in packaged foods, sauces, beverages, and condiments—providing a complete view of possible immune triggers.



The Food Additives Panel analyzes immune responses to preservatives, sweeteners, dyes, and other additives to uncover potential root causes of bloating, fatigue, brain fog, skin issues, and digestive discomfort. It identifies hidden dietary triggers that may drive chronic inflammation, immune activation, and systemic symptoms—key drivers of food sensitivities, mood changes, and long-term health concerns.

Who Should Take This Test?

- **Digestive Symptoms That Don't Add Up?** Bloating, diarrhea, or cramping after meals may be triggered by hidden additives—not just the food itself. This test helps identify what's behind your discomfort.
- **Tried Clean Eating Without Relief?** Even whole foods can contain additives. This panel reveals if preservatives, sweeteners, or emulsifiers can be silently contributing to your symptoms.
- **Dealing with Skin, Mood, or Energy Swings?** Eczema, rashes, brain fog, and fatigue can all be tied to immune reactions from food chemicals—this test helps connect the dots.
- **Chronic Sensitivities or Unexplained Symptoms?** Ideal for those with food sensitivities, joint pain, or asthma, the test identifies overlooked additive-related triggers.
- **Want to Be Proactive About What You Eat?** For those focused on prevention, this test offers insight into how food chemicals may impact long-term wellness.

Take the First Step Towards Better Health

If you're dealing with bloating, fatigue, skin issues, or brain fog, hidden food additives could be the missing link. The Food Additives Panel delivers clear answers and personalized insights to help reduce inflammation and support your well-being from the inside out. Talk to your healthcare provider today and begin your journey to better digestion, clarity, and whole-body health.

Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The New York State Department of Health has not evaluated any test claims nor reviewed the accuracy of this test.

Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.