

Food Sensitivity Complete

At Home

Blood

DBS

Key Clinical Messages

What is the Food Sensitivity Complete?

The Food Sensitivity Complete Panel utilizes microarray technology to measure IgG and IgA immune responses to 209 foods and food additives.

- The Food Sensitivity Complete Panel provides a thorough evaluation of food sensitivities, measuring immune reactions to a wide range of foods, including dairy, gluten, and more.
- This test evaluates immune reactivity to multiple food proteins and additives, distinguishing between gut permeability risks and immune activation.

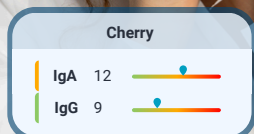
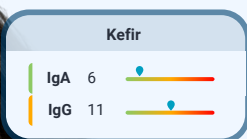
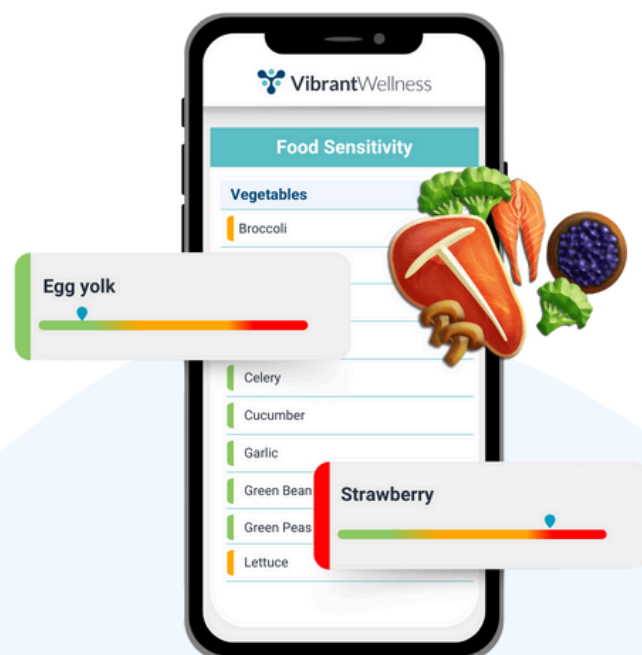
This method provides high specificity and sensitivity in detecting delayed food sensitivities.

50 Animal-Based Foods

57 Grains & Miscellaneous Foods

39 Plant-Based Foods

3 Vegan & Alternative Foods



Why Order?

The Food Sensitivity Complete Panel is ideal for patients with suspected food allergies or symptoms like nasal congestion, asthma, skin rashes, nausea, or swelling of the lips or throat. It's also useful for those with a family history of food allergies, helping identify triggers and guide safer dietary choices.



[Download Sample Report](#)

Synergistic Testing Options

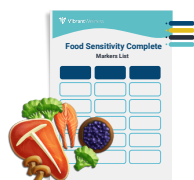
- **Gut Zoomer:** Evaluates microbial imbalances in the gut that may be contributing to food sensitivities. A healthy gut microbiome plays a critical role in minimizing immune responses and improving food tolerance.
- **Inflammation Panel:** Measures markers like CRP and ESR, which are often elevated in individuals with food sensitivities. It provides insights into how food-related inflammation is affecting overall health.
- **Micronutrient Panel:** Identifies nutrient deficiencies that may arise from chronic food sensitivities, helping to optimize nutrient intake and address any imbalances that could exacerbate food-related symptoms.
- **Organic Acids Panel:** Evaluates how food sensitivities impact metabolic function, oxidative stress, and gut health, providing a clear understanding of how certain foods affect digestion, energy production, and overall health.

The Vibrant Advantage

- **Identifies Reactions to 100+ Foods:** Identifies IgG- and IgA-mediated immune responses to over 100 common foods, helping individuals pinpoint which foods are contributing to chronic symptoms like bloating, fatigue, and joint pain.
- **Provides Comprehensive Sensitivity Insights:** Offers a comprehensive look at food sensitivities, helping healthcare providers develop personalized treatment plans to address inflammation, digestive discomfort, and other health issues.
- **Enables Early Dietary Interventions:** Early detection of food sensitivities helps prevent long-term health complications by enabling individuals to eliminate triggering foods from their diet and restore gut balance.
- **Supports Personalized Nutrition Plans:** Supports a personalized, sustainable approach to nutrition, improving energy levels, digestive health, and overall well-being by addressing food sensitivities with targeted interventions.



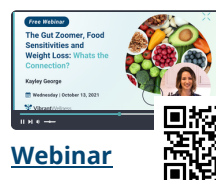
Additional Resources



Markers One-Sheet



Patient One-Pager



Webinar



Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.

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