

Food Sensitivity Test Profile 1

Zoom Into Your Food Reactions and Take Control of Your Health

Dealing with bloating, headaches, skin issues, or unexplained fatigue? Your food choices could be silently triggering your symptoms. The Food Sensitivity Profile 1 test helps uncover hidden immune reactions to commonly consumed foods by measuring IgA and IgG antibody responses.

It also detects inflammation and immune reactivity patterns that may contribute to digestive distress, joint pain, eczema, and other chronic concerns—factors often overlooked in standard testing. If you've tried dietary changes without lasting relief, this test offers a deeper look at how your immune system responds to specific foods.

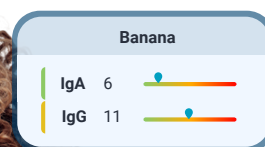
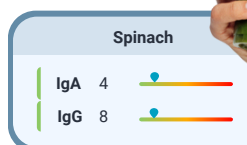
With science-backed insights and personalized guidance, your healthcare provider can create a targeted nutrition plan to reduce inflammation, support gut and immune health, and help you feel your best again.

How It Works

The Food Sensitivity Profile 1 is a simple at-home blood spot test that provides a detailed view of your immune system's response to everyday foods. It measures IgA and IgG antibodies to detect delayed food sensitivities that may contribute to digestive issues, skin problems, joint pain, and fatigue, while also revealing hidden inflammatory reactions that can impact gut health, immunity, and mood. With clear visuals and personalized insights, your provider can create a targeted nutrition plan to reduce reactivity, support healing, and improve overall well-being.

Why Choose the Food Sensitivity Profile 1?

- **Understand Your Food Sensitivities:** The Food Sensitivity Profile 1 helps identify IgG- and IgA-mediated immune responses to common foods, providing clarity on what may be triggering your symptoms.
- **Advanced Peptide Microarray Technology:** Ensures highly accurate detection of food sensitivities, allowing for a clearer understanding of how food sensitivities impact health.
- **Informed Dietary Planning:** Personalized health management helps individuals adjust their diet based on detected sensitivities to food additives. It reduces inflammation and symptoms supports dietary changes that reduce symptoms linked to food intolerance.



Key Markers Include:

- **IgG Antibodies (Delayed Sensitivity):** Detects immune responses to 96 common foods, helping identify delayed-onset reactions that may drive inflammation, fatigue, and digestive symptoms.
- **IgA Antibodies (Mucosal Reactivity):** Measures immune activity in the gut lining that may signal food-related gut irritation, especially in leaky gut or autoimmune concerns.
- **Dairy, Gluten & Grains:** Evaluates reactivity to commonly consumed foods like cow's milk, wheat, rye, and oats, often linked to bloating, headaches, and joint pain.
- **Fruits, Vegetables & Nuts:** Screens for sensitivities to nutrient-dense foods such as spinach, apples, almonds, and strawberries that may still trigger immune reactions.
- **Meats, Fish & Eggs:** Identifies immune responses to proteins like chicken, beef, salmon, and egg white/yolk, supporting elimination strategies for chronic symptoms.
- **Food Additives & Spices:** This includes testing for immune responses to yeast, and spices like garlic, which are often overlooked triggers in chronic inflammation.



The Food Sensitivity Profile 1 analyzes immune responses to 96 commonly consumed foods to uncover potential root causes of bloating, fatigue, skin issues, brain fog, and joint pain. It identifies IgA and IgG antibody reactions that signal delayed food sensitivities—key drivers of chronic inflammation, digestive distress, and immune system activation.

Who Should Take This Test?

- **Digestive Symptoms That Won't Go Away?** Bloating, gas, diarrhea, or discomfort after eating may point to hidden food sensitivities—this test reveals what's triggering your symptoms.
- **Tried Elimination Diets Without Clear Results?** Whether you follow Paleo, Vegan, or Gluten-Free, this test helps pinpoint specific foods your immune system reacts to.
- **Struggling with Skin, Mood, or Energy?** Eczema, fatigue, brain fog, or mood shifts can be tied to food-related inflammation—this test connects the dots.
- **Managing Autoimmunity or Chronic Inflammation?** Identify food triggers that may be aggravating your immune system and slowing healing.
- **Looking to Personalize Your Nutrition Plan?** For those focused on prevention, this test helps uncover hidden reactivities to support optimal wellness and dietary precision.

Take the First Step Towards Better Health

If you're dealing with bloating, fatigue, skin issues, or brain fog, food sensitivities could be the missing link. The Food Sensitivity Profile 1 delivers clear answers and personalized insights to help reduce inflammation and restore balance from the inside out. Talk to your healthcare provider today and begin your journey to better digestion, energy, and whole-body wellness!

Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The New York State Department of Health has not evaluated any test claims nor reviewed the accuracy of this test.

Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.