

# Food Sensitivity Test Profile 2

## Reveal Hidden Food Triggers and Reclaim Your Health

Struggling with bloating, fatigue, headaches, or skin flare-ups after meals? Your immune system may be reacting to certain foods, even healthy ones. The Food Sensitivity Profile 2 reveals hidden immune responses by measuring IgG and IgA antibodies to 84 commonly consumed foods.

These delayed food reactions can quietly contribute to chronic inflammation, digestive discomfort, and symptoms that feel hard to trace, like brain fog, joint pain, or sinus congestion. By pinpointing specific foods triggering your immune system, this test provides clarity and helps take the guesswork out of elimination diets.

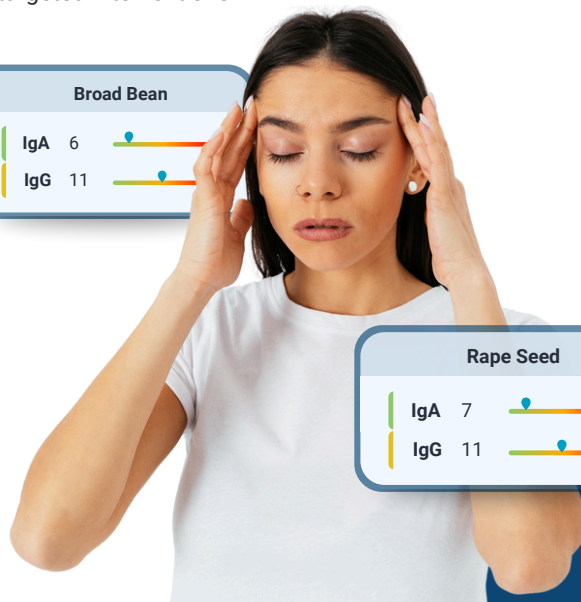
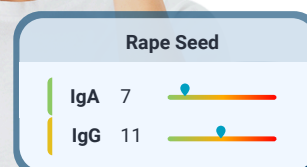
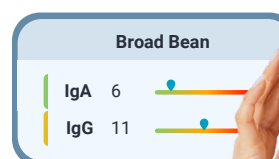
With clinically validated data and actionable insights, your healthcare provider can build a personalized nutrition plan that reduces inflammation, supports gut healing, and helps you feel more energized, clear, and symptom-free.

## How It Works

The Food Sensitivity Profile 2 is a simple blood test that uncovers how your immune system reacts to 84 commonly eaten foods. It measures IgG and IgA antibodies to detect delayed food reactions contributing to symptoms like fatigue, skin issues, joint pain, or digestive discomfort. This test helps connect the dots between your diet and ongoing inflammation by identifying immune reactivity to specific foods. With clear visuals and personalized insights, your provider can guide you in creating a targeted nutrition plan to reduce triggers, support immune balance, and improve overall well-being.

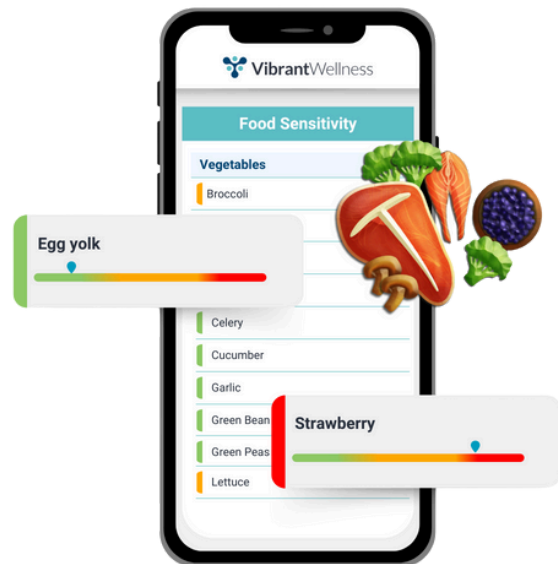
## Why Choose the Food Sensitivity Test Profile 2?

- **Identifies Reactions to Foods:** Analyzes reactivity to a broad range of foods, providing a comprehensive guide to managing food triggers and making informed dietary decisions for improved health.
- **Provides Comprehensive Sensitivity Insights:** Offers a comprehensive look at food sensitivities, helping healthcare providers develop personalized treatment plans to address inflammation, digestive discomfort, and other health issues.
- **Enables Early Dietary Interventions:** Early detection of food sensitivities helps prevent long-term health complications by enabling individuals to eliminate triggering foods from their diet and restore gut balance.
- **Supports Personalized Nutrition Plans:** Supports a personalized, sustainable approach to nutrition, improving energy levels, digestive health, and overall well-being by addressing food sensitivities with targeted interventions.



## Key Markers Include:

- **IgG & IgA Antibodies (Immune Reactivity):** Measures delayed immune responses to 84 commonly consumed foods, including dairy, grains, nuts, fruits, vegetables, and proteins.
- **Dual Antibody Detection (Comprehensive Insight):** Evaluates both IgG (chronic exposure) and IgA (mucosal immunity) to provide a more complete picture of food-related immune activity.
- **Common Triggers Identified:** Includes frequently reactive items like cow's milk, eggs, wheat, soy, corn, almonds, and nightshades, often implicated in symptoms like bloating, headaches, and skin issues.
- **Clinical-Grade Microarray Technology:** Uses high-density protein arrays for superior sensitivity and specificity compared to standard ELISA-based food panels.
- **Inflammation & Barrier Dysfunction Clues:** Identifying immune reactivity to specific foods can support evaluation of leaky gut, immune overload, and systemic inflammation.
- **Nutrition & Lifestyle Planning:** Results help guide evidence-based elimination diets, symptom relief strategies, and long-term immune modulation tailored to individual needs.



The Food Sensitivity Profile 2 evaluates immune reactivity to commonly eaten foods to help uncover hidden contributors to bloating, fatigue, skin flare-ups, headaches, and joint pain. It detects IgG and IgA antibody responses that signal delayed food reactions, often overlooked in standard panels, and highlights potential dietary triggers of chronic inflammation and immune dysregulation.

## Who Should Take This Test?

- **Digestive Symptoms That Linger?** Bloating, gas, nausea, or cramping after meals may point to food sensitivities. This test helps uncover hidden immune triggers.
- **Not Sure Which Foods Are Causing Trouble?** Whether eating clean or following a special diet, this test identifies immune reactions that generic plans can miss.
- **Battling Fatigue, Brain Fog, or Skin Issues?** Symptoms like low energy, breakouts, or mental cloudiness may stem from food-driven inflammation, this test helps connect the dots.
- **Have a History of Allergies or Autoimmunity?** Discover immune responses that may be silently activating inflammation or contributing to flare-ups.
- **Want to Personalize Your Nutrition Plan?** Use precise food sensitivity data to guide smarter choices, reduce guesswork, and feel your best long-term.

## Take the First Step Towards Better Health

Food sensitivities could be the missing link if you're dealing with fatigue, skin flare-ups, digestive issues, or brain fog. The Food Sensitivity Profile 2 delivers clear answers and personalized insights to help reduce inflammation and support whole-body wellness. Talk to your healthcare provider today and take the next step toward feeling your best.

### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The New York State Department of Health has not evaluated any test claims nor reviewed the accuracy of this test.

### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.