

# Food Zoomer

At Home

Blood

DBS

## Key Clinical Messages

### What is the Food Zoomer?

Food Zoomer is a comprehensive food-immune assessment that maps IgA and IgG responses across food proteins, food peptides, and additives in a structured, clinically interpretable format. It helps clinicians understand how dietary inputs may be shaping digestive comfort, inflammatory tone, energy stability, and symptom variability—beyond simple elimination guesswork.

### Why Order

Order Food Zoomer when symptoms fluctuate with meals, feel inconsistent, or persist despite “clean eating” or prior elimination diets. The test helps clinicians move beyond broad food avoidance by clarifying which food groups, protein families, or additives may be contributing to immune activation and symptom patterns.

### What it Measures

- 11 Dairy Peptides
- 15 Peanut Peptides
- 23 Lectins & Aquaporins
- 11 Soy Peptides & GMO Markers
- over 200 Whole-Food Extracts & Additives
- 18 Corn Peptides & GMO Antigens
- 11 Egg White & Egg Yolk Peptides
- 20 Wheat & Gluten-Related Antigens



[Download](#)  
[Sample Report](#)

### Clinical Use Cases

- **Digestive Discomfort & Bloating** — Food-specific immune responses contributing to post-meal symptoms
- **Skin & Inflammatory Flares** — Dietary immune load influencing rashes, acne, or joint stiffness
- **Fatigue & Energy Variability** — Immune reactivity linked to meals or ingredient exposure
- **Brain Fog & Headaches** — Food-driven immune strain affecting cognitive clarity
- **Inconsistent Food Reactions** — Delayed or cumulative responses not explained by IgE allergy testing
- **Diet Optimization & Tolerance Building** — Guiding elimination, rotation, and reintroduction strategies





### Food Zoomer



Food Additives

- Acid Blue #3
- Red #2 (Amaranth Red)
- Guar Gum Tragacanth
- Monascus Curcuma
- Sodium Benzoate
- Nickel Sulfate



## How Food Zoomer Changes Clinical Decisions

- Helps prioritize which foods or food groups matter most, rather than treating all sensitivities equally.
- Distinguishes protein-specific or additive-driven patterns from broad dietary intolerance.
- Supports more targeted elimination strategies, reducing unnecessary long-term restriction.
- Improves patient adherence by linking symptoms to organized food-immune patterns instead of trial-and-error dieting.

## Synergistic Testing Options

Synergistic testing adds context around why food-immune patterns are present, helping clinicians distinguish dietary triggers from underlying drivers and sequence care more effectively.

### Gut Zoomer



Adds digestive and barrier context. Helps clarify when food immune responses may reflect dysbiosis, impaired digestion, or mucosal stress rather than the food exposure itself.

### Cellular Zoomer



Adds metabolic and oxidative context. Helps determine whether food-immune activity aligns with cellular stress patterns affecting energy production, recovery, redox balance, or neurochemical stability.

### Immune Zoomer



Provides tissue-level immune context. Helps assess whether food-related immune signals coexist with broader immune activity involving joints, nerves, thyroid tissue, or systemic inflammation, supporting informed clinical correlation.

### Hormone Zoomer



Brings endocrine timing into view. Helps clinicians evaluate whether food-related immune patterns intersect with cortisol rhythm, sex-hormone metabolism, or stress signaling that may influence symptom expression.

## Additional Resources



### Markers One-Sheet



### Patient Brochure



**Report Walkthrough**  
Coming Soon...



### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment. The tests were developed and their performance characteristics determined by Vibrant America and Vibrant Genomics, laboratories certified under the Clinical Laboratory Improvement Amendments (CLIA) and accredited by the College of American Pathologists (CAP). The tests have not been cleared or approved by U.S. Food and Drug Administration (FDA). For information on tests available for use in New York State under New York State Department of Health (NYSDOH) requirements, please visit the Vibrant website.

KCM-26-001