

Grain Zoomer

Uncover Grain Sensitivities for Better Digestion and Energy

If you're dealing with digestive discomfort or fatigue, grains may be playing a hidden role. The Grain Zoomer is a comprehensive test that detects immune reactions to a wide range of grain proteins, including both gluten and non gluten components, revealing sensitivities that may be impacting your health.

When grains trigger symptoms, navigating your diet can feel overwhelming. This test provides precise and actionable insights to help you understand which grains may be contributing to inflammation, making it easier to choose foods that support your well-being.

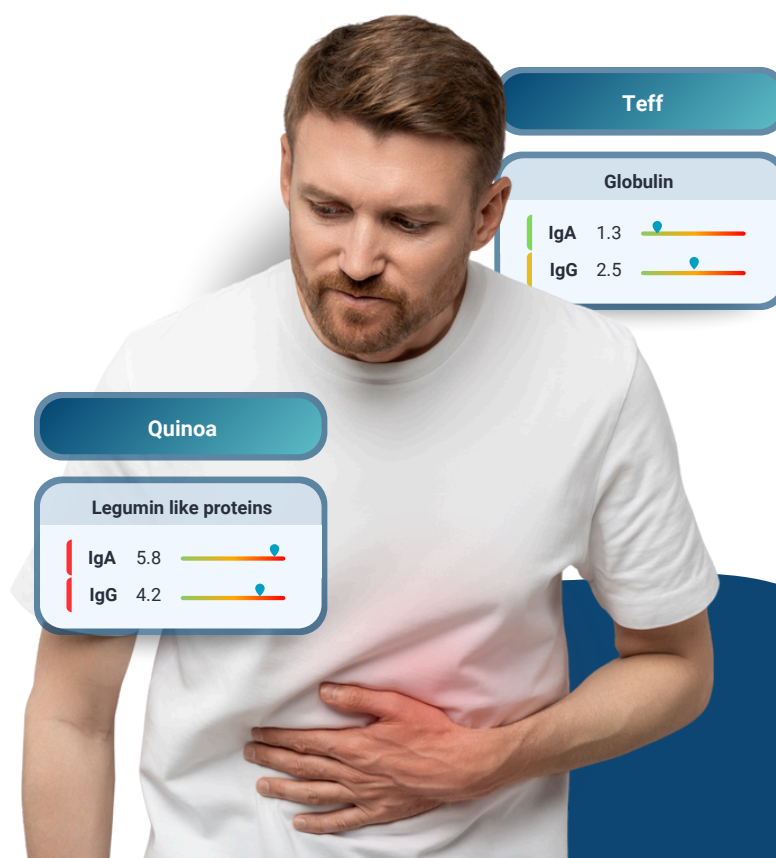
Since one size does not fit all when it comes to diet, your healthcare provider can use your results to build a personalized nutrition plan. By eliminating reactive grains, you can reduce inflammation, improve digestion, and feel better from the inside out.

How It Works

The Grain Zoomer is an advanced blood test designed to measure immune responses to a wide range of grain proteins, including both gluten and non gluten components. Using innovative peptide microarray technology, it helps identify potential sensitivities that may be contributing to inflammation and digestive discomfort. With clear results and personalized insights, your healthcare provider can develop a targeted nutrition plan to support gut health and overall wellness regarding grains.

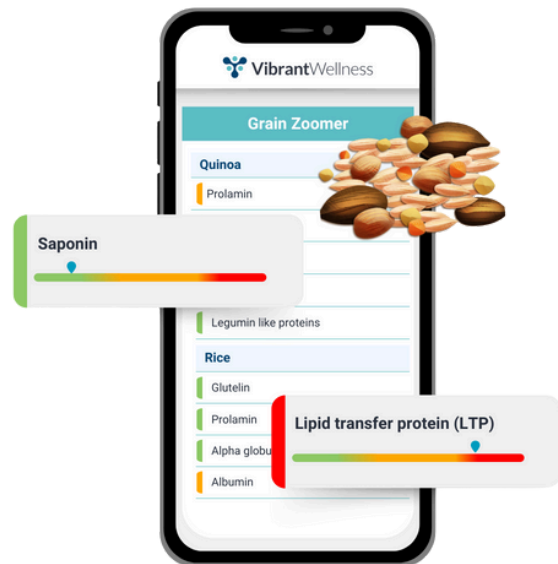
Why Choose the Grain Zoomer?

- **Identifies Delayed Immune Reactions:** Helps uncover immune sensitivities to grain proteins that may not cause immediate symptoms, but may be harmful later.
- **Optimizes Gut Health:** Ongoing sensitivity to grains can disrupt gut permeability which makes targeted insights essential for long-term wellness.
- **Supports Personalized Nutrition Planning:** Empowers individuals to identify which grains they can safely consume, allowing for more informed dietary choices.
- **Minimizes Cross-Reactivity Risks:** Detects immune responses in individuals who may react to multiple grains because of shared or similar protein structures, helping to reduce unintended exposure and symptoms.



Key Markers Include:

- **Secalin:** A primary storage protein found in rye that may cross-react with gluten, potentially triggering immune responses in individuals with gluten sensitivity or celiac disease.
- **Hordein:** The principal gluten protein found in barley that can potentially contribute to inflammation and digestive issues.
- **Gliadin:** A key gluten protein found in wheat, commonly associated with gluten sensitivity and celiac disease, known to trigger immune responses that can affect the gut and overall health.
- **Avenin:** A naturally occurring protein in oats that can trigger immune activation in sensitive individuals.
- **Teff Prolamin:** A protein found in the gluten-free grain teff that may still provoke immune reactivity in certain individuals, highlighting the importance of personalized testing for grain sensitivities.
- **Quinoa Saponins:** Naturally occurring compounds in quinoa that are known to impact gut permeability and may trigger immune reactions in sensitive individuals.



Grains, especially gluten, are often linked to digestive discomfort and inflammation. The Grain Zoomer evaluates immune responses to multiple grain proteins, distinguishing between gluten-containing and gluten-free grains. This comprehensive analysis supports targeted dietary modifications and symptom management.

Who Should Take This Test?

- **Having Unexplained Digestive Problems?** Bloating, gas, diarrhea, or irregular digestion may be signs that your body is reacting to certain grains. This test helps uncover these connections.
- **Struggling With Chronic Fatigue or Muscle Weakness?** Fatigue may be linked to hidden food sensitivities, including reactions to grains. The Grain Zoomer helps identify these sensitivities.
- **Think That You May Have a Leaky Gut?** Suspected intestinal permeability may be linked to a sensitivity to certain grains. This test can help identify whether grains are contributing to the issue.
- **Have a History With Food Sensitivities?** A history of food sensitivities may suggest an increased immune response to specific grain proteins. The Grain Zoomer provides valuable insight to help you understand your reactions.
- **Dealing With Skin Issues?** Skin issues may stem from grain sensitivities. The Grain Zoomer helps identify if grains are the cause.

Take the First Step Towards Better Health

If you're experiencing bloating, nausea, skin issues, or unexplained fatigue, your body may be reacting to grains. The Grain Zoomer offers clear answers and personalized insights to help you understand how grains affect your health. Talk to your healthcare provider today to take the first step toward improved digestion, energy, and lasting wellness!

Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations. The tests listed on web page titled "New York State Approved Tests" are cleared by FDA and also comply with the New York State Department of Health regulations.