

Healthspan Assessment

At Home

Blood

Key Clinical Messages

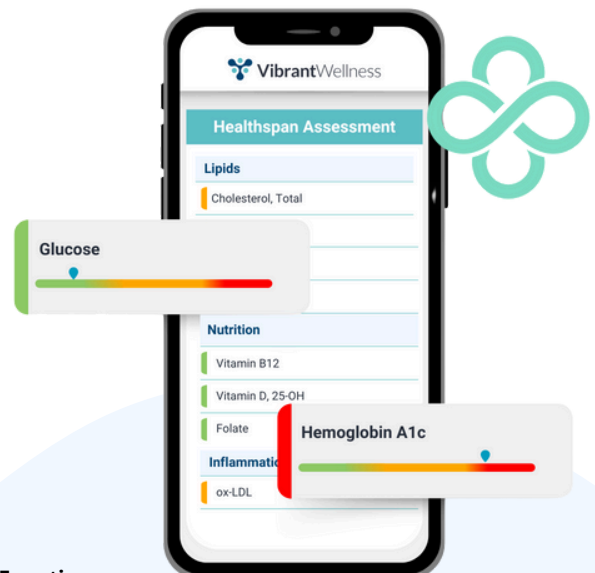


What is the Healthspan Assessment?

The Healthspan Assessment Panel utilizes a combination of ELISA, LC-MS/MS, and immunoassays to assess key biomarkers related to aging, metabolic health, and chronic disease risk. These methodologies ensure high sensitivity and accuracy in detecting subtle imbalances.

- Analyzes metabolic, inflammatory, and oxidative stress biomarkers to support strategies for optimizing aging, vitality, and long-term health.
- Helps guide lifestyle and dietary interventions.

The Healthspan Assessment Panel evaluates key biomarkers related to aging, metabolic health, and inflammation, offering a complete picture of your long-term wellness.



37 Metabolic & Blood Health

21 Hormonal & Endocrine Function

15 Cardiovascular & Inflammation

22 Comprehensive Health & Immune



Why Order?

The Healthspan Assessment Panel is ideal for patients seeking a comprehensive view of their long-term health. It's especially valuable for those managing cardiovascular, metabolic, or chronic conditions, and for assessing inflammation, autoimmune activity, hormonal balance, thyroid function, and nutritional status. This panel aids in the early detection of disease and supports patients focused on longevity, preventive care, and establishing a strong health baseline for personalized wellness planning.



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Synergistic Testing Options

- **Micronutrient Panel:** Complements the Healthspan Assessment Panel by assessing nutrient deficiencies that are essential for maintaining metabolic function, reducing oxidative stress, and supporting immune health, all critical for healthy aging.
- **Oxidative Stress Profile:** Measures oxidative damage and antioxidant levels, offering valuable data on how free radicals and oxidative stress affect aging. It supports the findings of the Healthspan Assessment Panel by providing deeper insights into oxidative damage.
- **Total Tox Burden:** Tests for environmental toxins, including heavy metals and mycotoxins, that can accelerate aging. It complements the Healthspan Assessment Panel by providing a more comprehensive view of how toxins impact longevity and overall health.
- **Cardiac Health Panel:** Measures cardiovascular risk factors, including lipid profiles and inflammation markers, helping to evaluate long-term heart health and assess risks associated with aging, complementing the Healthspan Assessment Panel.

The Vibrant Advantage

- **Comprehensive Aging & Wellness Insights:** The Healthspan Assessment Panel evaluates key biomarkers related to aging, metabolic health, and inflammation, offering a complete picture of your long-term wellness.
- **Proactive Health Optimization:** Personalized longevity plans helps create customized health strategies to promote long-term vitality and aging gracefully. Informed Wellness Strategies empowers individuals to optimize healthspan and well-being through actionable insights from comprehensive biomarker analysis.



Additional Resources



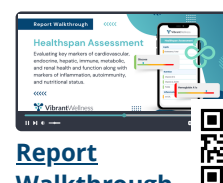
Markers One-Sheet



Patient One-Pager



Interpretive Guide



Report Walkthrough



Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.

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