

Heavy Metals Panel

Know Your Metal Exposure, Own Your Health

Dealing with fatigue, brain fog, headaches, tingling, digestive issues, or mood changes? Your exposure to heavy metals and other elements may be the root cause to these specific symptoms many of which are found in places such as air, soil, drinking and ground resources.

Having exposure to toxic metals can have neurological damage, immune dysfunction, and metabolic disorders that are often missed by traditional testing methods. The Heavy Metals Panel helps provide insight into potential susceptibility of different toxic metals like lead, mercury, arsenic, and cadmium.

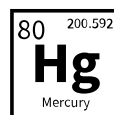
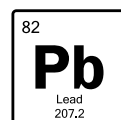
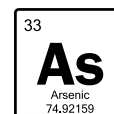
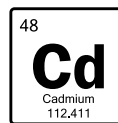
With science-backed comprehensive and targeted recommendations, your healthcare provider can create a personalized plan to help find ways to lower your toxic burden and improve your overall health.

How It Works

The Heavy Metals Panel is both a urine-based test as well as a blood test that provides a comprehensive view of your exposure to different heavy metals that are considered toxic. Some metals that are measured within this test are lead, mercury, arsenic, and cadmium. This panel helps give insight into detoxification methods that can help your provider give a targeted plan regarding the levels of metals the patient has been in-contact with.

Why Choose the Heavy Metals Panel?

- **Identify Toxins Before They Cause Damage:** Heavy metal accumulation can cause chronic health problems over time. The Heavy Metals Test helps identify exposure early, allowing you to take action before the toxins cause lasting damage.
- **Proactive Detoxification & Health Support:** Understanding your heavy metal exposure gives you the power to take proactive steps toward detoxification. The Heavy Metals Test provides precise data, helping you reduce toxic burden and improve overall health.
- **A Tailored Detox Plan for Long-Term Wellness:** One-size-fits-all detox programs don't work for everyone. With the data from the Heavy Metals Test, your healthcare provider can create a personalized detox plan to safely remove metals and support long-term wellness.



Tellurium (ug/g)

7.14



Key Markers Include:

- **Lead Exposure:** Lead exposure can impact neurological, cardiovascular, and renal health, with symptoms including cognitive decline, hypertension, and kidney dysfunction.
- **Mercury Toxicity:** Mercury exposure, commonly from seafood and dental amalgams, is associated with neurological, immune, and endocrine dysfunction. Elevated mercury levels can manifest as memory loss, fatigue, and mood disorders.
- **Arsenic Exposure:** Arsenic, often found in contaminated water, rice, and seafood, poses significant risks, including oxidative stress, cardiovascular disease, and neurotoxicity.
- **Cadmium Accumulation:** Cadmium, commonly found in cigarette smoke, contaminated food, and industrial emissions, significantly impacts bone health, kidney function, and cardiovascular systems. Chronic exposure may lead to osteoporosis, kidney damage, and increased risk of hypertension.



The Heavy Metals Test provides a comprehensive evaluation of toxic metals like lead, mercury, and arsenic, which accumulate in the body and can cause long-term health issues. This test benefits individuals with symptoms of toxic overload, such as fatigue, cognitive decline, or skin issues, and those exposed to environmental or occupational sources of heavy metals.

Who Should Take This Test?

- **Persistent Brain Fog?** Unexplained fatigue or cognitive dysfunction may sign of heavy metal exposure. This test reveals which toxins may be causing this.
- **Have Tingling or Numbness in Extremities?** If you're dealing with unusual sensations or reduced feeling in any part of your body then toxins within metals may be linked to it.
- **Unexplained Irritation On Your Skin?** If you've noticed recurring redness, bumps, or discomfort on your skin, the Heavy Metals Panel can help detect hidden toxic metal accumulation.
- **Constant Nausea or Digestive Discomfort?** If you're frequently feeling queasy or constant bloating then this panel can help reveal whether toxic metals are disrupting your digestive balance behind the scenes.
- **Have Any History Around Heavy Metals?** Many professions and hobbies can be associated closely with heavy metals. Some include fuel, munitions, painting, rubber manufacturing, industrial smelting, mining and agriculture.

Take the First Step Towards Better Health

If you suspect you've been exposed to toxic metals and are experiencing unexplained symptoms, the Heavy Metals Panel could offer the clarity you need. This comprehensive test screens for 20 potentially harmful metals that may be contributing to chronic health issues. Speak with your healthcare provider today to take the first step toward understanding your toxic burden and supporting your path to better health.

Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.