HormoneZoomer & Baseline

COMPARISON GUIDE

DIURNAL CORTISOL

- Free Cortisol (1st Morning)*
- Free Cortisol (2nd Morning)*
- Free Cortisol (Evening)*
- Free Cortisol (Night)*
- Free Cortisol (Pooled)*

DIURNAL CORTISONE

- Free Cortisone (1st Morning)*
- Free Cortisone (2nd Morning)*
- Free Cortisone (Evening)*
- Free Cortisone (Night)*
- Free Cortisone (Pooled)*

DIURNAL MELATONIN

- Melatonin (1st Morning)
- Melatonin (2nd Morning)*
- Melatonin (Evening)*
- Melatonin (Night)*

PROGESTERONE

- Progesterone (serum equivalent)^
- β-Pregnanediol
- α-Pregnanediol
- Allopregnanolone
- 3α-Dihydroprogesterone
- 20α-Dihydroprogesterone

ADRENAL HORMONES

- β-Tetrahydrocortisol (β-THF)
- α-Tetrahydrocortisol (α-THF)
- β-Tetrahydrocortisone (β-THE)
- Deoxycorticosterone
- Corticosterone
- DHEA*
- DHEA-S
- Metabolized Cortisol (THF+THE)
- Total Cortisol
- Total Cortisone
- Total DHEA Production^
- Cortisol Clearance Rate (CCR)^

ESTROGEN

- Estradiol (E2)
- Estrone (E1)
- Estriol (E3)
- 2-OH Estradiol
- 2-OH Estrone
- 4-OH Estradiol
- 4-OH Estrone
- 16α-OH Estrone
- 2-MeO Estradiol
- 2-MeO Estrone
- 4-MeO Estradiol
- 4-MeO Estrone
- Total Estrogen

TESTOSTERONE

- Androstenedione
- Androsterone
- Etiocholanolone
- Testosterone (T)
- Epi-Testosterone (Epi-T)
- 5α-DHT
- 5α,3α-Androstanediol
- 5β-Androstanediol

RATIOS

- 2-OH E1/4-OH E1
- E3/(E1+E2)
- 2-OH (E1 + E2)/16α-OH E1
- 2-MeO E1/2-OH E1
- 4-MeO E1/4-OH E1
- 4-MeO E2/4-OH E2
- β-Pregnanediol/E2
- T/Epi-T
- Cortisol/Cortisone*
- Estradiol / Testosterone^
- 5α-Metabolism (α-Pregnanediol / β-Pregnanediol)^
- 5α-Metabolism (Androsterone / Etiocholanolone)
- 5α-Metabolism (5α-Androstanediol / 5β-Androstanediol)^

CORTISOL AWAKENING RESPONSE (CAR)

- Saliva Cortisol – Waking
- Saliva Cortisol – W +30 min.
- Saliva Cortisol – W +60 min.
- Saliva Cortisol – Evening
- Saliva Cortisol – Night
- Saliva Cortisol – Total*
- Saliva Cortisol – Insomnia
- Saliva Cortisone – Waking
- Saliva Cortisone – W +30 min.
- Saliva Cortisone – W +60 min.
- Saliva Cortisone – Evening
- Saliva Cortisone – Night
- Saliva Cortisone – Total*
- Saliva Cortisone – Insomnia
- Cortisol Awakening Response (CAR)^
- % rise (CAR%)^

ENDOCRINE DISRUPTORS

- Bisphenol A (BPA)*
- Atrazine*
- Glyphosate*
- Monoethyl Phthalate*
- Mono-2-ethylhexyl Phthalate*
- Mono-(2-ethyl-5-hydroxyhexyl) Phthalate*
- Mono-(2-ethyl-5-oxohexyl) Phthalate*
- Methylparaben*
- Ethylparaben*
- Butylparaben*
- Propylparaben*
- Triclosan*
- Perchlorate*

BONE HEALTH MARKERS

- Deoxypyridinoline (DPD) Crosslinks
- Pyridinoline (PYD) Crosslinks

OXIDATIVE STRESS MARKER

- 8-Hydroxy-2-deoxyguanosine (8-OHdG)

NORMALIZATION

- Creatinine (Waking)
- Creatinine (Waking + 2 hours)
- Creatinine (Dinner)
- Creatinine (Bedtime)

KEY | * = Hormone Zoomer only | ^ = Hormone Baseline only