

# Hormone Zoomer

At Home Urine Saliva

## Key Clinical Messages

### What is the Hormone Zoomer?

The **Hormone Zoomer** is a comprehensive urine-based panel designed to help providers uncover the root causes of hormone-related symptoms. It goes beyond basic hormone levels to deliver targeted clinical insights, now with the option to map your body's real-time stress and adrenal patterns through the **Cortisol Awakening Response (CAR)** saliva panel.

- **Deeper Functional Insight:** Measures cortisol patterns, hormone metabolites, and detox efficiency, while mapping daily stress response to reveal hidden dysfunctions.
- **Integrated View of Health:** Links hormone production, clearance, toxin exposure, and stress response to key symptoms for a complete clinical picture.

By integrating CAR with the Hormone Zoomer, providers can evaluate metabolic, endocrine, and adrenal health in context, delivering a full-spectrum view that supports more precise, personalized treatment strategies for lasting results.

- 66 Urinary Hormone Markers
- 13 Endocrine Disruptor Markers
- 2 Bone Health Markers
- 1 Oxidative Stress Marker
- 14 Cortisol Awakening Response Markers



[Download Male Sample Report](#)



[Download Female Sample Report](#)

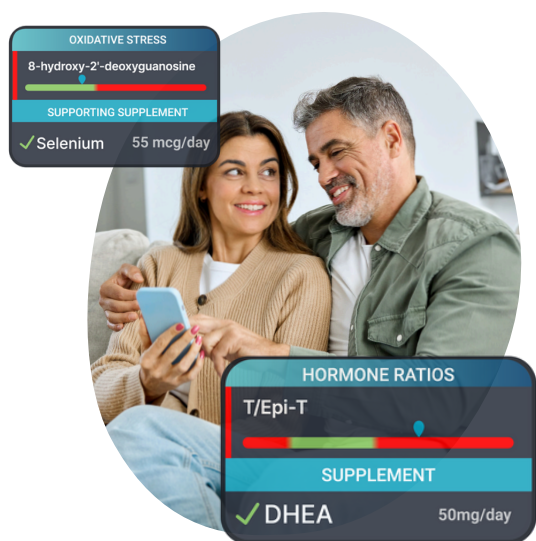
### Why Order?

The Hormone Zoomer gives providers a functional view of hormone health by assessing not only hormone levels, but also metabolism, detox pathways, and toxin exposure. The optional Cortisol Awakening Response (CAR) panel adds precise mapping of stress and adrenal patterns. ideal for complex cases involving adrenal dysfunction or stress-related symptoms.

Especially valuable for addressing estrogen dominance, adrenal issues, and toxin-driven symptoms, the test's clear visual reports and actionable insights support targeted interventions and effective long-term treatment planning.

## Synergistic Testing Options

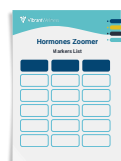
- **Gut Zoomer:** Assesses gut microbiome balance and pathogens that can disrupt hormone metabolism and detox. Paired with the Hormone Zoomer and optional CAR panel, it offers a complete view of gut, stress, and hormone interactions, helping pinpoint the root of complex symptoms.
- **Oxidative Stress Profile:** Measures markers of oxidative damage, which can exacerbate hormone imbalances. Offers a broader view of inflammation and aging-related hormone dysfunction.
- **Heavy Metals Test:** Identifies toxic metals like mercury, lead, and arsenic that can impair methylation, thyroid function, and hormone receptor activity, amplifying hormonal imbalances and chronic symptoms.



## The Vibrant Advantage

- **Comprehensive Hormone & Metabolite Coverage:** Reports 66 urinary markers including sex hormones, adrenal hormones, and downstream metabolites, including conversion and detox ratios for deeper root-cause insights in complex hormone cases.
- **Endocrine Disruptor & Environmental Toxin Screening:** Screens for 13 key disruptors including BPA, phthalates, parabens, glyphosate, and more, connecting hormone symptoms to real-world toxic burden.
- **Bone Health & Oxidative Stress Integration:** Includes DPD, PYD, and 8OHdG to evaluate hormone-related bone loss risk and oxidative stress, key for aging, detox capacity, and inflammation mapping.
- **Stress & Adrenal Mapping with CAR:** Offers the Cortisol Awakening Response (CAR) panel, a six-point saliva collection for detailed mapping of cortisol and cortisone throughout the day. This enables providers to evaluate real-time stress response and adrenal health, adding a critical dimension to hormone assessment.

## Additional Resources



[Markers One-Sheet](#)



[Patient One-Pager](#)



### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.

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