

Hormone Zoomer

At Home  

Key Clinical Messages

What is the Hormone Zoomer?

Hormone Zoomer is a whole-system hormone and stress panel that aligns adrenal rhythm, sex-hormone metabolism, cortisol timing, melatonin, endocrine disruptors, oxidative stress, and bone turnover into one organized report. It helps clinicians understand how endocrine patterns are functioning across the day, not just whether hormone levels fall in range.

Why Order?

Order Hormone Zoomer when fatigue, mood changes, sleep disruption, cycle irregularity, weight resistance, or stress intolerance persist despite routine hormone labs. The test helps clinicians determine whether symptoms reflect hormone-production issues, metabolism and clearance strain, circadian disruption, environmental interference, or cumulative cellular stress.

What it Measures

- 9 Adrenal Hormones
- 5 Progesterone Metabolites
- 2 Bone Degradation Markers
- 5 Oxidative Stress Markers
- 14 Cortisol Awakening Response (CAR) Markers

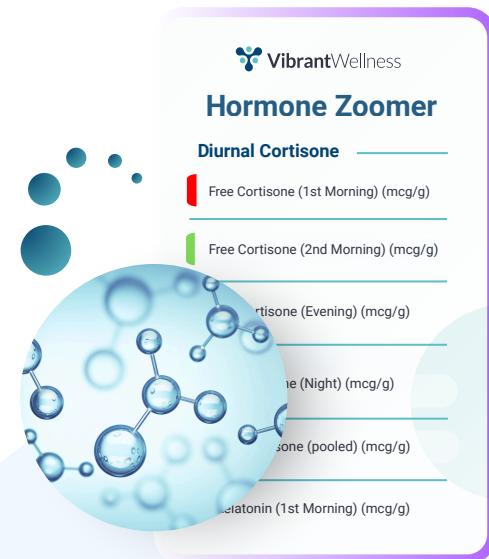
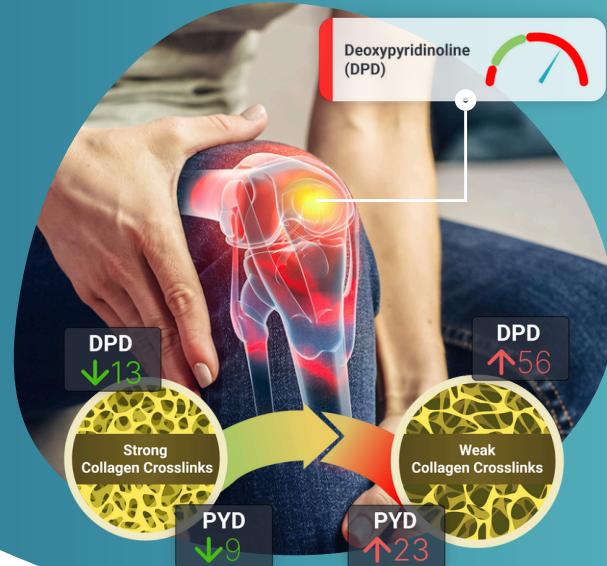
- 21 Sex Hormones
- 1 Endocrine Disruptors
- 21 Sex Hormones



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[Download Female Sample Report](#)



Clinical Use Cases

- **Fatigue & Low Energy** — Cortisol timing + adrenal output mismatch
- **Brain Fog & Cognitive Drag** — Hormone volatility + circadian drift
- **Stress Intolerance** — Blunted CAR + poor stress recovery
- **Mood Variability** — Estrogen/progesterone imbalance + cortisol instability
- **Sleep Disruption** — Melatonin misalignment + evening cortisol elevation
- **Weight Resistance** — Clearance bottlenecks + endocrine disruptor pressure

How Hormone Zoomer Changes Clinical Decisions

- Distinguishes symptoms driven by hormone timing, metabolism, or stress signaling rather than treating all “hormone imbalance” the same.
- Clarifies why symptoms persist even when serum hormones appear normal.
- Guides sequencing of care—whether to prioritize circadian support, hormone metabolism, adrenal recovery, detox strategies, or oxidative balance.
- Supports clearer patient conversations by linking symptoms to measurable endocrine patterns instead of vague hormone imbalance.

Synergistic Testing Options

Synergistic testing places hormone patterns into broader physiological context, helping clinicians separate upstream drivers from downstream endocrine effects.

Gut Zoomer



Connects gut permeability, inflammation, microbial balance, and gut-derived neurotransmitters to hormone metabolism, cortisol rhythm, and estrogen clearance.

Cellular Zoomer



Links hormone and stress patterns to mitochondrial output, redox balance, and detox capacity—showing how endocrine strain translates into fatigue and poor recovery.

Toxin Zoomer



Clarifies when endocrine disruption, oxidative stress, or hormone-clearance strain reflects ongoing exposure burden rather than intrinsic hormone dysfunction.

Cardio Zoomer



Provides cardiometabolic context when cortisol rhythm, estrogen balance, or oxidative stress may be influencing blood pressure patterns, lipid behavior, or vascular resilience.

Additional Resources



Markers One-Sheet



Patient Brochure



Report Walkthrough

Coming Soon...

Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment. The tests were developed and their performance characteristics determined by Vibrant America and Vibrant Genomics, laboratories certified under the Clinical Laboratory Improvement Amendments (CLIA) and accredited by the College of American Pathologists (CAP). The tests have not been cleared or approved by U.S. Food and Drug Administration (FDA). For information on tests available for use in New York State under New York State Department of Health (NYSDOH) requirements, please visit the Vibrant website.

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