

Nut Zoomer

Zoom Into Nut Sensitivities and Identify Hidden Inflammation

Struggling with digestive issues, brain fog, headaches, skin flare-ups, or respiratory symptoms? Nuts may be an overlooked driver of immune reactivity. The Nut Zoomer analyzes IgG and IgA, offering a precise view of potential food-related triggers.

This panel helps identify immune activity that standard food sensitivity tests may miss, including delayed or low-grade sensitivities contributing to bloating, gas, diarrhea, eczema, asthma, or cognitive symptoms. It also supports evaluation in patients with suspected autoimmune or inflammatory conditions, as well as those with a history of nut sensitivity or high toxic burden.

With clinically validated results and targeted insights, your provider can build a personalized dietary plan to reduce immune stress, support gut integrity, and improve whole-body health.

How It Works

The Nut Zoomer is a simple blood test that provides a comprehensive view of your immune system's response to nuts. It analyzes IgG and IgA, helping uncover low-grade sensitivities that may drive digestive symptoms, skin issues, or respiratory discomfort. This test also identifies immune patterns that may be associated with factors influencing focus, mood, energy, and immune resilience, such as inflammation and oxidative stress. With clear visuals and personalized insights, your provider can create a targeted plan to reduce nut-related immune triggers and support long-term wellness.

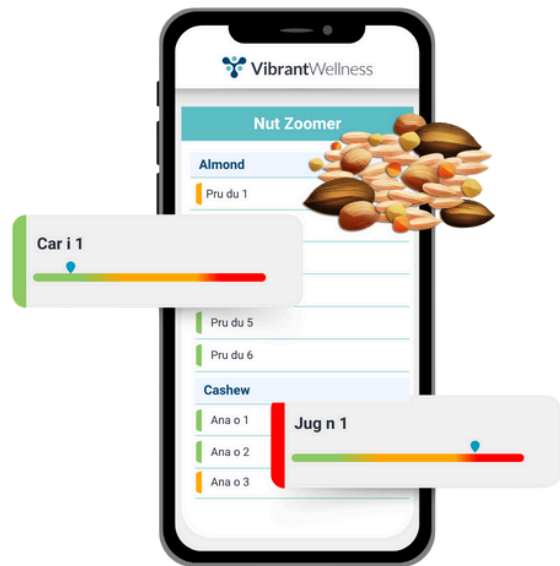
Why Choose the Nut Zoomer?

- **Shows Immune Response to Various Nuts:** Identifies immune responses to both common and less common nuts, including peanuts, almonds, and hazelnuts, which may lead to digestive issues, skin conditions, and respiratory symptoms.
- **Insightful Measurements Regarding Nut Proteins:** Measures IgG- and IgA-mediated reactions to nut proteins, offering clear insights into which nuts are triggering immune responses in the body.
- **Early Detection of Sensitivities:** Early identification of nut sensitivities enables individuals to avoid allergenic nuts, reduce inflammation, and improve digestive health, leading to overall well-being.
- **Catered Plan for Patient:** Personalized treatment plans based on Nut Zoomer results allow healthcare providers to guide individuals in eliminating specific nuts from their diet, preventing long-term health complications.



Key Markers Include:

- **IgG & IgA (Nut Sensitivities):** Detects delayed immune responses to 96 peptide antigens from 9 commonly consumed nuts, including almond, walnut, cashew, pistachio, and more—helping reveal low-grade sensitivities that may be overlooked in standard panels.
- **Cross-Reactive Peptides:** Includes markers for potential immune overlap with related food or environmental antigens that may exacerbate symptoms.
- **Microarray Peptide Technology:** Employs peptide-based microarrays to isolate specific immune targets with high specificity, minimizing false positives due to whole-protein or cross-reactive responses.
- **Validated Immune Profiling:** Clinically backed for reliable identification of food-related immune stress, even in complex cases with overlapping sensitivities.
- **Symptom Insight:** Supports investigation of unresolved symptoms such as gas, diarrhea, eczema, brain fog, or asthma that may stem from nut-related immune activity.



The Nut Zoomer analyzes immune reactivity to a wide range of nut peptides to uncover potential root causes of bloating, fatigue, brain fog, headaches, skin flare-ups, and respiratory symptoms. It identifies delayed IgG and IgA responses, and cross-reactivity patterns—key drivers of chronic inflammation, digestive discomfort, and systemic immune stress.

Who Should Take This Test?

- **Digestive Issues That Won't Go Away?** Bloating, gas, or diarrhea after eating nuts may indicate hidden sensitivities. This test helps pinpoint immune-driven triggers.
- **Tried Elimination Diets Without Relief?** The Nut Zoomer clarifies whether immune reactions to specific nut peptides contribute to symptoms.
- **Struggling with Skin, Mood, or Focus?** Eczema, rashes, brain fog, or low energy may stem from chronic exposure to reactive foods—this panel helps connect the dots.
- **Managing Autoimmunity or Inflammation?** Identify nut-related immune stress that may contribute to systemic inflammation or worsening autoimmune activity.
- **Focused on Prevention and Long-Term Health?** For patients with a history of nut sensitivity or high toxic burden, this test helps uncover low-grade immune activity before it escalates.

Take the First Step Towards Better Health

If you're dealing with bloating, brain fog, skin issues, or unexplained fatigue, nut sensitivities could be an overlooked trigger. The Nut Zoomer delivers clear answers and personalized insights to help reduce immune stress and improve whole-body health. Talk to your healthcare provider today and take the next step toward lasting relief and resilience.

Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations. The tests listed on web page titled "New York State Approved Tests" are cleared by FDA and also comply with the New York State Department of Health regulations.