

# PFAS Chemicals

## Reveal the Impact of “Forever Chemicals” on Your Health

If you're experiencing chronic fatigue, hormonal shifts, digestive problems or frequent infections, PFAS exposure could be a contributing factor. The PFAS Chemicals Panel helps evaluate the presence of toxic “forever chemicals” in the body, including substances linked to long-term health issues like cancer, immune dysfunction, and hormone disruption.

Many of these chemicals are commonly found in things like household items, food packaging, and contaminated water sources. This test measures levels of different PFAS compounds, providing a detailed analysis of your exposure to these harmful toxins.

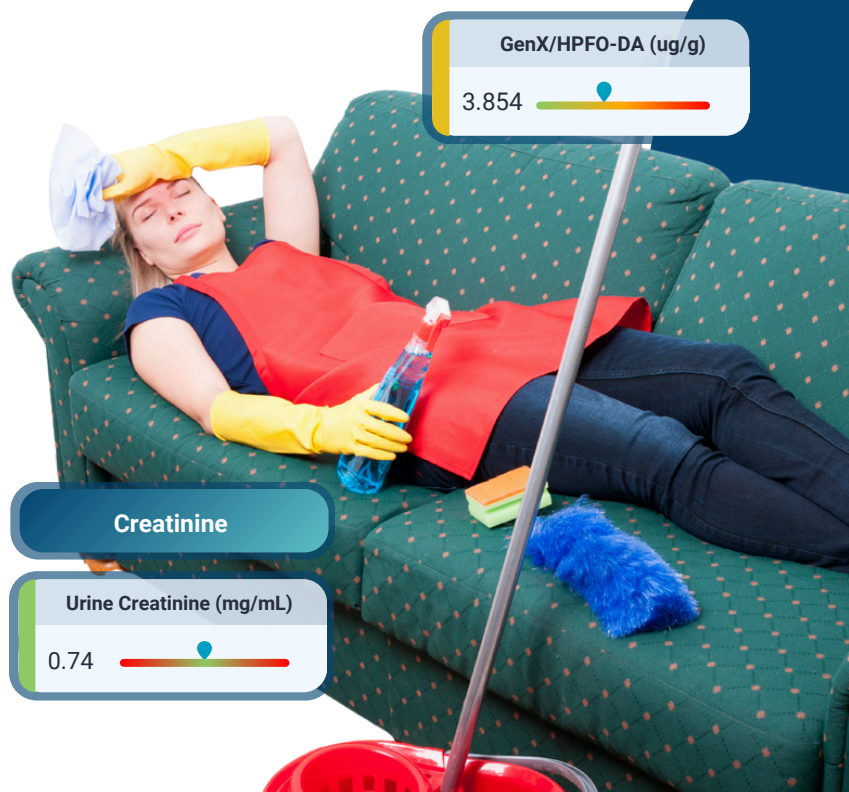
With science-backed insights and targeted recommendations, your healthcare provider can create a personalized plan to help you take control of your health by identifying specific chemicals affecting your wellness.

## How It Works

The PFAS Chemical Panel is a convenient at-home urine test designed to give you a clear picture of your long-term exposure to toxic “forever chemicals.” It measures 21 different per- and polyfluoroalkyl substances (PFAS), commonly found in industrial materials and everyday consumer products. By assessing your body's PFAS burden, this test provides valuable insight that supports targeted detox strategies and helps reduce future exposure—offering a more complete analysis than many standard tests.

## Why Choose the PFAS Chemicals?

- **Comprehensive PFAS Exposure Analysis:** PFAS chemicals, known as “forever chemicals,” accumulate in the body and can cause long-term health issues. The PFAS Chemicals Panel measures 21 different PFAS compounds, providing a thorough analysis of exposure that many other tests do not cover.
- **Detect PFAS Exposure Early:** PFAS exposure can lead to serious conditions like hormonal imbalances, immune dysfunction, and cancer. This test helps identify PFAS accumulation early, enabling you to take action to reduce exposure and protect long-term health.
- **Proactive Health & Detoxification:** The PFAS Chemicals Panel offers clear data on your exposure levels, allowing for proactive detoxification and health strategies. Reducing PFAS exposure helps prevent chronic conditions and improve overall wellness.



## Key Markers Include:

- **PFOA and PFOS:** These legacy PFAS compounds are linked to kidney and testicular cancers, immune suppression, and thyroid dysfunction. PFOA and PFOS bioaccumulate in tissues, posing long-term health risks.
- **GenX and Emerging PFAS:** Newer PFAS like GenX have replaced legacy compounds but pose similar health risks, including endocrine disruption, liver toxicity, and reproductive harm. These compounds are often found in industrial discharges and consumer products like non-stick coatings.
- **PFHxS and PFNA:** PFHxS and PFNA are associated with metabolic syndrome, immune dysfunction, and altered cholesterol levels. These chemicals have long biological half-lives, persisting in the bloodstream and tissues for years.
- **PFBA and Short-Chain PFAS:** Short-chain PFAS like PFBA are thought to have shorter half-lives but still contribute to toxic burdens. These chemicals are linked to gastrointestinal disturbances, hormonal imbalances, and potential impacts on respiratory health.



PFAS are ubiquitous in modern environments, and exposure to these chemicals can significantly impact health by disrupting hormonal, immune, and metabolic functions. This test can help guide detoxification protocols and lifestyle interventions, enabling providers to address chronic symptoms, reduce disease risks, and improve long-term health outcomes.

## Who Should Take This Test?

- **Utilize Non-Stick Cooking Ware Often?** Regular use of non-stick cookware may lead to exposure to persistent PFAS chemicals. This test can help determine if your cookware is contributing to your health concerns.
- **Dealing With Fatigue or Chronic Brain Fog?** Fatigue or memory loss may be signs that PFAS toxins are impacting your health. This test helps identify whether these persistent chemicals are the underlying cause.
- **Struggling with Digestive Problems or Weight?** Digestive issues or stubborn weight can all be linked to exposure of PFAS—this test connects the dots.
- **Work or Live In An Environment With Toxin Exposure?** Your environment—at home or work—may be a source of PFAS exposure, especially if you're around food packaging, cleaning products, or non-stick cookware. This test helps determine if these everyday items are contributing to your toxic burden.

## Take the First Step Towards Better Health

If you're experiencing chronic fatigue, hormone imbalances, digestive issues, or recurring infections, exposure to PFAS toxins may be a hidden factor. The PFAS Chemicals Panel offers clear insights into which specific compounds are present in your body, helping you and your healthcare provider take informed steps toward reducing toxic load and creating a PFAS-free environment.

### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State.

### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations and New York State Department of Health (NYSDOH) regulations.