

# **Uncover Hidden Soy Sensitivities and Take Control of Your Health**

Dealing with bloating, brain fog, fatigue, skin issues, or food sensitivities? Soy could be a hidden trigger affecting your immune system. The Soy Zoomer provides insights into the root causes of digestive and systemic symptoms by analyzing immune reactivity to genetically modified (GMO) and non-GM soy proteins.

It also identifies markers for IgG, IgA, and IgE responses—factors that can silently drive inflammation, allergic reactions, and cross-reactivity with other legumes. If you've been feeling off after eating soy-containing foods but can't pinpoint the cause, this test offers a deeper look at how your body responds.

With science-backed insights and targeted recommendations, your healthcare provider can create a personalized plan to reduce immune triggers, support digestion, and help you feel your best again.

## **How It Works**

The Soy Zoomer is a simple blood test that comprehensively explains how your immune system reacts to soy proteins. It analyzes IgG, IgA, and IgE responses to 12 soy antigens—including GMO and non-GMO varieties—to help detect food sensitivities, cross-reactivity, and immune-driven inflammation. With clear visuals and personalized insights, your provider can create a targeted plan to reduce immune triggers, support digestion, and improve overall well-being.

## Why Choose the Soy Zoomer?

- Detects Immune Reactions to Soy: Identifies immune responses to soy proteins like glycinin and betaconglycinin, providing valuable insights into potential food sensitivities and allergies.
- Measures IgG and IgA Antibody Responses: Measures IgG and IgA-mediated reactions to soy, helping healthcare providers understand the impact of soy consumption on digestion, inflammation, and overall health.
- Supports Early Detection: Early identification of soy sensitivities allows individuals to eliminate soy-based products from their diet, reducing inflammation and improving gut health.
- Promotes Symptom Relief: Helps individuals manage symptoms like bloating, skin issues, and fatigue by eliminating soy and promoting a healthier, more balanced immune response



## **Key Markers Include:**

- IgG & IgA to Soy Proteins (Food Sensitivity): Measures delayed immune responses that may drive bloating, fatigue, skin issues, or brain fog following soy consumption—common signs of food intolerance.
- IgE to Soy Antigens (Allergic Response): Evaluates immediatetype immune reactivity, helping identify potential soy allergies that could trigger respiratory symptoms, hives, or wheezing.
- Genetically Modified vs. Non-GMO Soy (Immune Triggers):
   Differentiates immune reactivity to conventional versus genetically modified soy proteins, providing insights for patients with GMO-related sensitivities or dietary concerns.
- Soy Cross-Reactivity (Legume Sensitivity): Helps identify immune patterns that may overlap with other legumes like peanuts, peas, or lentils—key for managing broader food sensitivities.
- Comprehensive Soy Protein Coverage (Targeted Insight): Screens
  12 distinct soy antigens to offer a detailed profile of how the
  immune system responds, supporting precise dietary
  modifications and inflammation reduction.



The Soy Zoomer analyzes immune reactivity to a wide range of soy proteins to uncover potential root causes of bloating, fatigue, brain fog, food sensitivities, and skin issues. It identifies IgG, IgA, and IgE responses that may drive inflammation, allergic reactions, or cross-reactivity with other legumes—key contributors to chronic symptoms and systemic immune stress.

### Who Should Take This Test?

- Digestive Symptoms That Won't Go Away? Bloating, gas, or diarrhea after meals may point to a soy sensitivity. This test reveals how your immune system is reacting to soy proteins.
- Tried Eliminating Foods Without Relief? Even "healthy" diets can include hidden soy. The Soy Zoomer helps pinpoint immune reactivity that might be missed by standard elimination approaches.
- Struggling with Skin, Mood, or Energy? Rashes, brain fog, fatigue, or asthma may all be signs of soy-driven inflammation—this test connects the dots between symptoms and immune triggers.
- Concerned About GMO Exposure or Legume Cross-Reactivity?
   Identify whether your symptoms are related to genetically modified soy or overlapping reactivity with other legumes.
- Looking to Personalize Your Diet? For those focused on wellness and prevention, this panel offers deeper insight into soy-related immune stress that may be impacting your long-term health.

## Take the First Step Towards Better Health

If you're dealing with bloating, brain fog, skin issues, or unexplained fatigue, soy could be the missing link. The Soy Zoomer delivers clear answers and personalized insights to help reduce immune triggers and support whole-body balance. Talk to your healthcare provider today and begin your journey to better digestion, energy, and long-term wellness.

#### Limitations

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The information is not intended to be used by the patient for any diagnostic purpose and is not a substitute for medical advice by a healthcare practitioner. Please consult a licensed healthcare practitioner for any questions regarding diagnosis, prevention, or treatment of any disease or health assessment.

The test is not available in NY State

#### Regulatory Disclaimer

Please note the information provided by Vibrant Wellness is intended solely for research and informational purposes to help inform lifestyle choices aimed at potential risk mitigation. The tests were developed, and their performance characteristics were determined by Vibrant America and Vibrant Genomics. They have not been cleared or approved by US Food and Drug Administration. The laboratory is certified under the Clinical Laboratory Improvements Amendments (CLIA) as qualified to perform high complexity testing. The laboratory is also in compliance with College of American Pathologists (CAP) regulations. The tests listed on web page titled "New York State Approved Tests" are cleared by FDA and also comply with the New York State Department of Health regulations.